

STAY CONNECTED

Global mental health equity updates

Receive updates on Black mental health resources, events, research, provider pathways, policy work, and community stories.



blackmentalhealthglobal.org

Request support. Partner with us. Donate.

Public accountability

501(c)(3) Public Charity | EIN 42-2869160 | U.S. Head Office

Contributions are tax deductible to the extent permitted by law.



BLACK MENTAL HEALTH GLOBAL

ADVANCING EQUITY
IN MENTAL HEALTH

GLOBAL BLACK MENTAL HEALTH
EQUITY ORGANIZATION

Expanding mental health access for Black communities worldwide.

Black Mental Health Global builds international pathways to culturally affirming care, provider training, policy advocacy, and community-led mental health support.

REQUEST SUPPORT

PARTNER

Head office in the United States. Coordinating global partnerships, digital access, public education, and culturally responsive care pathways.

WHY EQUITY MATTERS

The need is global. The response must be equitable.

Mental health need is rising worldwide, while access to effective and culturally safe care remains uneven. Black communities can face overlapping barriers including cost, stigma, anti-Black racism, provider shortages, mistrust, and care that does not reflect lived experience.

1.1B

people lived with a mental disorder in 2021

25%

COVID-era rise in anxiety and depression prevalence

37.9%

Black U.S. adults with mental illness who received no services

Our focus

Education, advocacy, culturally grounded support, provider pathways, and system-level change that help people access care with dignity.

Research anchors: World Health Organization, NIMH/SAMHSA, and NAMI.



**BLACK
MENTAL
HEALTH
GLOBAL**

ADVANCING EQUITY
IN MENTAL HEALTH

INSTITUTIONAL MISSION

Built as a global access organization.

Black Mental Health Global advances equitable mental health access for Black communities across borders. We work at the intersection of care access, public education, systems change, and community trust.

- 01 Identify access gaps**
Use community listening, research, and partner insight to understand what Black communities need in each region.
- 02 Build trusted pathways**
Connect people to culturally affirming care, literacy tools, faith and community supports, and virtual resources.
- 03 Strengthen systems**
Train providers, advise institutions, convene leaders, and advocate for policies that remove structural barriers.

Headquarters discipline. Community proximity.

The model respects language, migration history, faith, culture, age, disability, sexuality, and local systems of care while creating a shared standard for culturally affirming access.

PROGRAM PORTFOLIO

Services built for scale.

Programs are designed to work across community, clinical, faith, education, and policy settings - creating multiple doors to mental health support.



Community Wellness Workshops

Interactive workshops for schools, churches, workplaces, grassroots organizations, and diaspora networks.



Find a Therapist Directory

A growing referral pathway for Black and Black-affirming therapists, counselors, coaches, care navigators, and crisis-informed resources.



Provider & Community Training

Training for mental health professionals, community workers, faith leaders, educators, and employers to deliver culturally responsive support.



Mental Health Literacy Campaigns

Plain-language knowledge to help families recognize distress, reduce stigma, understand trauma, and seek care.

PARTNERSHIP INFRASTRUCTURE

Build to work with institutions and communities.

Big change requires coordinated partners. We help organizations bring culturally affirming mental health education, care pathways, and equity strategy into the places where Black people live, learn, work, worship, and receive care.

Health systems

Universities

Faith institutions

Community organizations

Schools

Employers

Foundations

Government agencies



Work with a professional Black mental health organization.

Whether you are seeking support, building a program, funding equity work, or looking for a global partner, Black Mental Health Global invites you to connect.

VISIT WEBSITE

DONATE

“ Our healing is not separate from our history. It is rooted in our resilience, our community, and our unwavering belief that we deserve to be whole. ”